

## Meet Carl Grimes



Carl Grimes is nationally recognized as a professionally accredited Healthy Home Specialist (HHS) and a Certified Indoor Environmental Consultant (CIEC).

Equally important, he personally experienced a series of unhealthy homes. He is all too familiar with the uncertainty, exhaustion, and skepticism inherent with the struggle to finally recognize and accept that his home was perhaps not his safe and secure “castle,” but was instead contributing to his puzzling declining health and sense of well-being.

Since 1987 Carl has worked nationally as a private consultant guiding people who suffer from unhealthy houses. He has developed action plans and verification methods designed to eliminate health issues in homes. His clients include mothers, children, property managers, attorneys, health care providers, insurance adjusters, teachers, parents, architects, builders, and remediation contractors.

In 1999, he authored the book *Starting Points for a Healthy Habitat*, based on his personal experience, as well as the experiences of his clients, living in unhealthy environments. This brought him to the attention of the national Indoor Air Quality Association. He was elected to their Board of Directors in 2002, and recently served as their President. Carl is now the Vice President of Practice for the International Society of Indoor Air Quality and Climate.

Carl has served on, created, and chaired a variety of committees writing industry consensus standards. He has collaborated with leading experts and researchers, analyzing the best approaches for restoring the indoor environment. He has chaired a committee that developed the course, *Healthy Home Assessment: Principles and Practice*, which is the follow-on to the *Essential Healthy Home Practitioner* course by the National Center for Healthy Housing ([www.nchh.org](http://www.nchh.org)).

Carl brings to Hayward Healthy Home a unique combination of personal experience and professional expertise identifying and addressing the most critical issues in converting homes to healthy environments that fit individual needs.